

PITTSFORD RECREATION DEPARTMENT

NEW PROGRAM Adult Learn to Swim
Level 1 – A 4 week/8 session progression class

Want to get comfortable and safe in the water, while having a whole lot of fun. Come learn the basics of swimming from floating to the crawl. The class consists of 8 sessions over 4 weeks. Class size is limited to 6 students so sign up now. (Equipment: Swim Goggles required. Swim cap/ear plugs/nose clip optional.) If you have any questions feel free to call (802) 558-6487. Rebekah Stephens, Certified USMS ALTS Instructor.

Wednesday, July 5, 2017 6:00 PM – 6:45PM
Saturday, July 8, 2017 10:00 AM – 10:45 AM
Wednesday, July 12, 2017 6:00 PM – 6:45PM
Saturday, July 15, 2017 10:00 AM – 10:45 AM
Wednesday, July 19, 2017 6:00 PM – 6:45PM
Saturday, July 22, 2017 10:00 AM – 10:45 AM
Wednesday, July 26, 2017 6:00 PM – 6:45PM
Saturday, July 29, 2017 10:00 AM – 10:45 AM
\$75.00 for the 8 session progression class

FOR MORE INFORMATION, CONTACT THE
RECREATION DIRECTOR AT
483-6500 EXT. 17 OR
RECREATION@PITTSFORDVERMONT.COM